



AUGUST 9, 2019

ADDICTION & THE FOUR PILLARS OF RECOVERY

Are you looking for a way to conceptualize addiction and recovery in a straightforward and meaningful way? This training will help therapists connect to clients with addictions more fully, support the recovery process, and reduce stigma, fear, and confusion about addiction and working with people who are addicted.

Brian Valasek, LPCC-S, LICDC is Counselor and Clinical Director at Restoring Hope Counseling and Coaching in Cincinnati, Ohio. Brian is very passionate about addiction recovery and relapse prevention and is working to reduce the stigma and shame people with addictions experience, individually and at a community level.

Trevor Steinhauser is a recovery coach located in Fort Thomas, KY. He is the host of a podcast that is centered around addiction and mental health. He is in long term recovery and has a passion for helping others. His goal is to help eradicate the stigma that

**CEU training for
Counselors, Social
Workers, and
Marriage and Family
Therapists**

**Help Reduce Stigma
for People with
Addictions**

**Learn Addiction and
Recovery Essentials**

**Cost is \$60 for 3
CEUs approved by
Ohio CSWMFT Board**

**RESTORING HOPE
COUNSELING & COACHING**

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Friday, August 9, 2019

9 am to 12:15 pm