



**NOVEMBER 1, 2019**

# **WHAT YOUR NERVOUS SYSTEM THINKS ABOUT COUNSELING**

## **CEU Training for Counselors, Social Workers, and Marriage and Family Therapists**

Do you wish you understood the biology of emotions, counseling and the healing process? This training will help therapists understand more deeply how clients experience a sense of safety, offer processes to create safety and comprehend some of the biology of emotions.

**Amy Sullivan, LPC**, is Counselor at Restoring Hope Counseling and Coaching in Cincinnati, Ohio. Amy is enthusiastic about the body-mind connection and how the nervous system informs our sense of felt safety.

**CEU training for  
Counselors, Social  
Workers, and  
Marriage and Family  
Therapists**

**Understand the  
Biology of Emotions**

**Learn Processes to  
Create Felt Safety  
in Sessions**

**Cost is \$60  
3 CEUs approved by  
Ohio CSWMT  
Board**

**(#RCST051901)**

**RESTORING HOPE  
COUNSELING & COACHING**

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[www.restoringhopecc.com](http://www.restoringhopecc.com)

Friday, November 1, 2019  
9 am to 12:15 pm

